

I N G R E D I E N T S

WET INGREDIENTS

3 cup eggs 1/2 cup granulated sugar 1/3 cup vegetable oil 2 tsp vanilla 2/3 c Greek Yogurt 1/4 c orange juice

DRY INGREDIENTS

1 cup all-purpose flour
1/2 cup almond flour
1 tbsp orange zest
2 tsp baking powder
1/2 tsp baking soda
1/4 tsp salt

1/2 cup icing sugar

2-4 tsp orange juice

SUNSHINE CUPCAKES

SERVES 12

Who doesn't love an infusion of sunshine in their day? These cupcakes are a perfect balance of sweet and simple - made from pantry staples they can be left unglazed or dressed up for a special occasion.

DIRECTIONS

Pre-heat oven to 350 degree F. Grease a 12 well muffin tin and set aside.

In a bowl, whisk eggs with sugar until combined. Whisk in oil and vanilla.

In a separate bowl, whisk together flour, almond flour orange zest, baking powder, soda and salt.

Stir the flour mix into the egg mixture alternately with the yogurt making 3 additions of flour and 2 of yogurt. Fold in the orange juice.

Divide evenly into muffin tin. Bake 20-25 min or until tester comes out clean. Let cool slightly and remove from pan. Allow to cool completely before glazing.

In a small bowl, whisk sugar with juice. Spoon over each cupcake allowing to drip down the sides. Garnish with sugared peel if desired.

Tip: Using a cara cara orange vs a naval orange will give a milder, sweeter citrus flavour with subtle notes of berries and rose.

NUTRITION FACTS

Per cupcake: 232 Calories, 10g Pro, 18g Carbs, 0g Fibre, 13g Fat with glaze: 252 Calories, 10g Pro, 24 g Carbs, 0g Fibre, 13 g Fat

